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Sussex Cyclists' Association 1925-2022

PRESIDENT – Robin Johnson, Brighton Mitre CC

Open 15 miles Time Trial, Saturday 11th June 2022 - Course G15/92
Incorporating Sussex Individual, Veterans and Team Championships

Event Secretary: Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT
(Brighton Mitre CC). Email: mr_rjohnson@outlook.com
Tel: 01403 783368 / 07733 132043 .

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

Event Records

Mens:	00:31:00	Steve Kane	2021
Women:	00:35:51	Joscelin Lowden	2017
Vets.:	00:31:16	Mark Smith	2017
Tandem:	00:37:05	Jon Frost/David Abbott	2016

HQ

[Ashington Community Centre](#)

Foster Lane,
Ashington
West Sussex

RH20 3PG

Open from 06:00



Parking available at HQ, then use surrounding roads considerately.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 2.2 miles

Finish to HQ: 3.6 miles

To return to the HQ

Turn right at Wiston Crossroads on the A283

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CTT Regulations require the use of a helmet that meets internationally accepted safety standards for all competitors.

CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine, a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users.

London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

**Under 18 years old riders: Bring a completed Parental Consent form to present before signing-on.
No form = No ride.**

PAST WINNERS:

2015	Dominic Maxwell	00:35:37
2016	Pat Wright	00:31:52
2017	Mark Smith	00:31:16
2018	Simon McNamara	00:32:02
2019	Nik Allen	00:32:14
2020	Simon McNamara	00:30:56
2021	Steve Kane	00:31:00
2022		

VERY GRATEFUL THANKS TO ALL ENTRANTS.

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

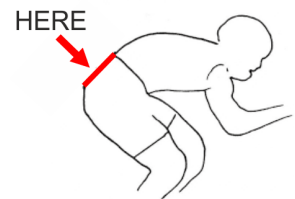
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

PLEASE REMEMBER TO SIGN OUT AFTER YOU HAVE FINISHED.....

COMPETITORS' MACHINES: it is a regulation that working front and rear lights, either flashing or constant, are fitted to the machine in a position clearly visible to road users and is active while the machine is in use.

No lights and/or no helmet = no start.

Open 15 miles Time Trial, Saturday 11th June 2022

Course G15/92

TIMEKEEPERS:

Start: Paul Tunnell Addiscombe CC
Finish: Kathleen Collard-Berry ...a3crg

Prizes

1 st Man	£30
2 nd Man	£20
3 rd Man	£15
1 st Woman	£30
1 st Team	£20 each

As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to

riders in Sussex C.A. affiliated clubs in various categories:

First Man	Championship Cup for a year, plus Sussex C.A. medal
1 st Woman	Sussex C.A. medal
1 st Team	Sussex C.A. medal
1 st Veteran	Sussex C.A. medal
1 st Veteran on CTT Target Time	Sussex C.A. medal

Cups and medals to be presented at the annual Sussex Cyclists' Association prize presentation.

PLEASE NOTE

Prize Presentation

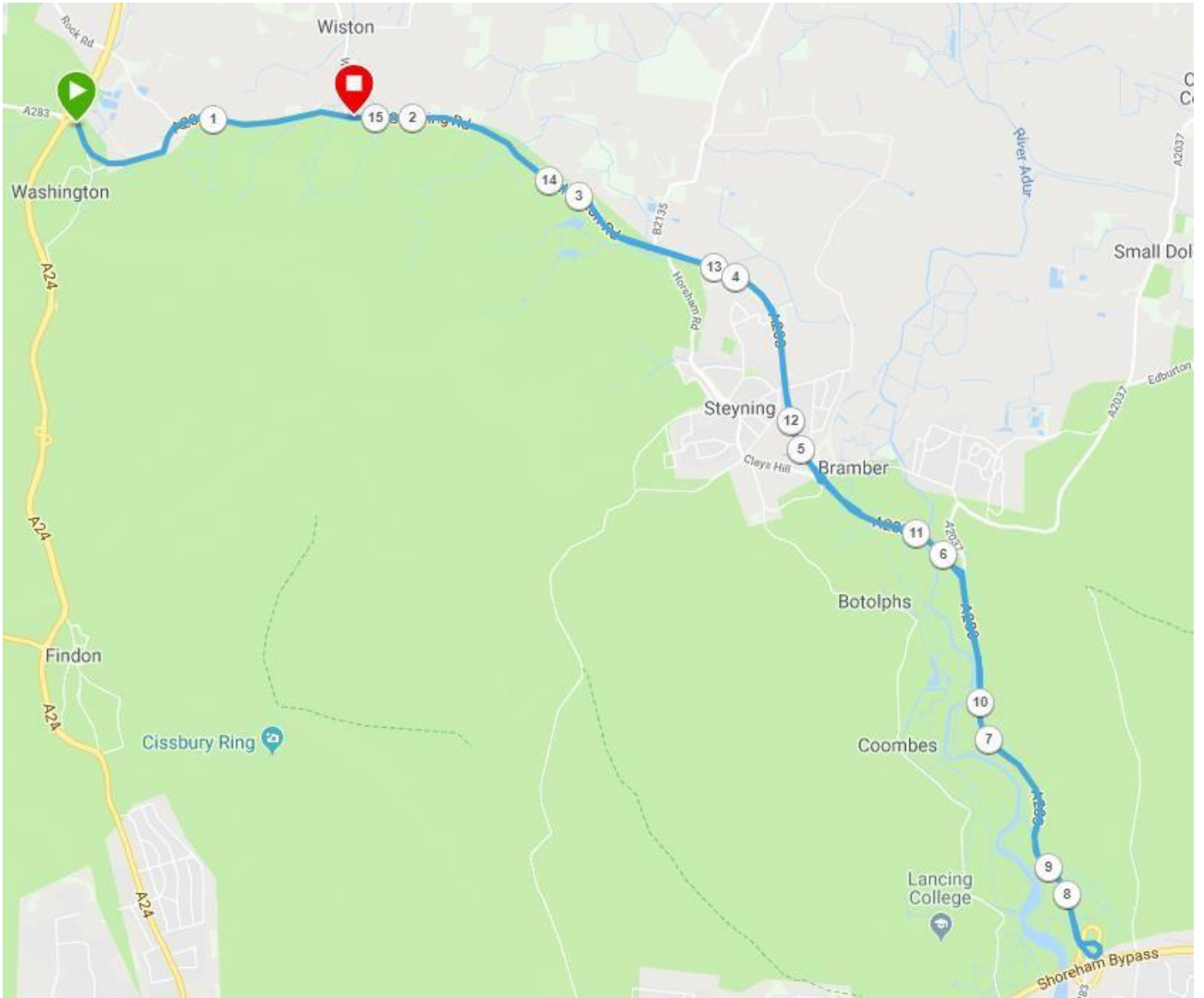
As soon as possible after the event. Please stay.

Lottery Prizes

2 bottles of wine, value £5 each, to be awarded to first names out of the hat. To win, be a starter and be present.

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Course G15/92



Elevation

442 ft

Elevation Gain

464 ft

Elevation Loss



OS REF	COURSE DIRECTIONS - G15/92	DISTANCES	
TQ121133	START in Sandhill Lane, Washington, West Sussex, south-east of Washington roundabout, 5 yards north of A283.	0.00	0.00
TQ144134	Join A283 and go via Steyning by-pass, Bramber Castle and Beeding Court roundabouts to Adur Bridge roundabout, Shoreham-by-sea, below A27.	8.42	8.42
TQ207066	Where turn and retrace on A283 via Beeding Court and Bramber Castle roundabouts and the Steyning by-pass to finish at western end of bus lay-by, just east of Wiston crossroads, 1.6 miles east of Washington roundabout.	6.58	15.00

ORDER OF START:	
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No.	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
34 entries, 59 in 2021.							
1	07:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	74
2	07:02:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	53
3	07:03:00	Barrie	Foster	Anerley BC	Male	Veteran	73
4	07:04:00	Tracey	Williams	Brighton Mitre CC	Female	Veteran	53
5	07:05:00	Oliver	McDonald	Tuff Fitty Tri Club	Male	Senior	35
6	07:06:00	Mike	Marchant	Southdown Velo	Male	Veteran	65
7	07:07:00	Georgie	Little	HuntBikeWheels.com	Female	Senior	24
8	07:08:00	John	Marinko	Brighton Mitre CC	Male	Veteran	57
9	07:09:00	Mike	Boyce	...a3crg	Male	Veteran	66
10	07:10:00	Mike	Anderson	CC Moncontour	Male	Veteran	64
11	07:11:00	Rick	Hughes	Worthing Excelsior CC	Male	Veteran	59
12	07:12:00	Brian	Molloy	Brighton Excelsior CC	Male	Veteran	54

13	07:13:00	Jack	Smith	Brighton Mitre CC	Male	Senior	30
14	07:14:00	Christian	Yates	East Grinstead CC	Male	Veteran	59
15	07:15:00	Alex	Bonzi	Brighton Phoenix	Male	Veteran	43
16	07:16:00	Alan	Robinson	Central Sussex CC	Male	Veteran	81
17	07:17:00	Tony	Reeves	GS Stella	Male	Veteran	50
18	07:18:00	Colin	Toppin	Worthing Excelsior CC	Male	Veteran	49
19	07:19:00	Paul	Tippett	Crawley Wheelers	Male	Veteran	48
20	07:20:00	Karl	Roberton	Worthing Excelsior CC	Male	Veteran	47
21	07:21:00	Martin	Gibbs	Team TMC	Male	Senior	36
22	07:22:00	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	58
23	07:23:00	Kevin	Plummer	Team TMC	Male	Veteran	56
24	07:24:00	Chris	Lord	Brighton Excelsior CC	Male	Veteran	69
25	07:25:00	Steven	Kane	Team TMC	Male	Senior	33
26	07:26:00	James	Boyman	Hoops Velo	Male	Senior	33
27	07:27:00	Rob	Scott	City Cycle Couriers RT	Male	Senior	34
28	07:28:00	Tom	Houghton	Team TMC	Male	Veteran	50
29	07:29:00	Nik	Allen	Team TMC	Male	Veteran	50
30	07:30:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	45
31	07:31:00	Matthew	Smith	Team TMC	Male	Senior	38
32	07:32:00	Mark	Smith	Crawley Wheelers	Male	Veteran	48
33	07:33:00	Neal	Marrin	Finsbury Park CC	Male	Veteran	52
34	07:34:00	Mark	Vowells (Tricycle)	San Fairy Ann CC	Male	Veteran	69